## 8 questions to ask your high school freshman

- 1. When it comes to your classes, what (if anything) are you anxious about? How can I best support you to help you get the time and focus you need to accomplish your goals?
- 2. What did you learn about friendship in middle school? How does that affect the type of friendships you hope to develop in this next season?
- 3. Now that you're in high school, what sort of new independence and freedom might you like to try? How can you, in partnership with our family, determine whether you're ready for that?
- 4. What do you like about how we communicate as a family? What do you wish was different? How do you think you might better communicate with the rest of us?
- 5. What are your gifts, talents, and passions? How would you like to try these out in extracurricular activities and leadership roles in the next few years?
- 6. Who are a few adults that you'd like to spend more time with? What do you like about them, and what might you want to learn from them?
- 7. What new struggles might pop up for you in high school? Who is someone older than you that you can talk with about those temptations? How can I help?
- 8. What helps your relationship with God grow the most these days? How can we make sure you get plenty of time to explore those connections with God at church and elsewhere?

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